

Academic 學術組 TASK 2 申論題(3) Problem/Solution Essay 題型示範

以下同樣將對應之前文章所提到的架構來看我的 assignment.

題目--

People often resist making changes.

What kind of solution do you think can be used on this problem?

Introduction

People withstand alterations in their lives as a matter of course, which may inevitably lead to plenty of variant knotty problems. <-topic sentence Namely, one is that no subtle improvement will ever possibly be made for the cause that human beings tend to stick firmly to what they are familiar with instead of creating differences on the strength of extra energy consumption, no matter physically or mentally. <-cause 1 Inertia might perhaps result in stagnation in various perspectives, preventing the person from striving forward. <-effect 1 Moreover, it is conceivable for the folks to be unreluctant to make changes due to the fear which has deeply rooted inside their heart for losing something. <-cause 2 However, this may bring about the disadvantage that mistakes will stay the same forever with no brand-new measures to remove the stumbling stone out of the way. <-effect 2

Solution 1

To begin with, one solution that can be put into consideration is to impose repetitive stimulus, which acts as a driving force to compel the person toward the direction of actual practice rather than simply receiving verbal orders while simultaneously breaks the link with traditional habits. <-solution 1 This method applies perfectly on the patients with chronic diseases who live a sedentary life and undoubtedly need life style modifications, especially in the aspect of increasing exercise. Progress as to establish a regular exercise habit can be achieved more easily with constant reminding, according to the research results published in several authoritative medical journals. <-example 1

Solution 2

In addition, another viable alternative is to convert the former concept of being afraid to lose into a latter one of plucking up the courage to try. <-solution 2 To convey the idea that "you lose some, you gain some" may be accomplished via a series of workshops on mind development, which has been regarded as one of the most efficient coping strategies for people who incline to hang back in fear. <-example 2

Conclusion

It is handily foreseen that people will definitely continue to resist making changes attributable to the inflexible human nature. Nonetheless, the two solutions mentioned above still hold a critical role for sparking off more preferable outcomes. "When God closes a door, he opens a window;" changes are not necessarily dreadful as long as you dare to give it a try.

練習 Task 2 的時候，最重要的不是要將整篇文章寫出。

而是一定要讓自己能在短時間內(五分鐘左右)依照架構想出要寫的論點。

台灣學生通常如果能持有論點，發展成段落就不是難事，只是寫出的 level 高低有別而已。

最大的問題是緊張之下想不出任何有力的論點，狀況就會比較棘手。

因此，在準備過程中，一定要練習能迅速想出 solution 的方案，考試時才不會手忙腳亂喔!!

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